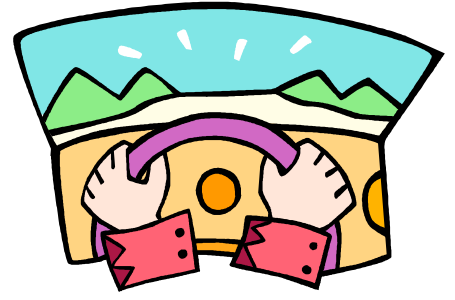


PT & SM TRAINING



SPECIAL INTRODUCTORY PRICE £40 PER PERSON PER COURSE

Health & Safety Regulations require all employer/employees to undertake the following training courses:-

Use of Abrasive Wheels
Driver Assessment & Safety Awareness
Manual Handling
Managers & Supervisor Training
Display Screen Assessment VDU in the Workplace
Fire Marshalling
Slips, Trips & Falls

All courses are run by an accredited trainer.

If you are interested in attending these courses, please contact us below.
Venues and dates arranged at the discretion/convenience of the student/tutor.

FOR MORE INFORMATION OR TO BOOK A PLACE CONTACT:
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Course 1 - The Use of Abrasive Wheels & Discs

Safety D V D showing the following points

Description and objective: This course is aimed at those who use or supervise the use of all types of abrasive wheels/disks tooling including grinding wheels.

Introduction to abrasive disks and wheels; types, manufacture and applications

Hazards associated with the use of grinding – disks and wheels plus the causes of accidents.

Safety fitment/mounting requirements for abrasive disks and wheels re tooling

Identification and correct selection of abrasive disks and wheels and their use

Regulations governing the supply and use of abrasive disks and wheels

Codes of practice for the safe use of abrasive disks and wheels

Final part of the training is for every one to inspect grinding disks abrasive wheels and tooling. This is to ensure all candidates on the course have understood the training elements of abrasive wheels and disks.

Certificate of attendance

Course duration 3 hours

Cost £40.00 per person

Course 2 - Driver Assessment and Safety Awareness

Course details the responsibilities of the employer and employee.

Road Safety

Driving assessment

How to check your vehicle re daily checks

Recording defects

Road tax and insurance information.

Service schedules of the vehicles.

Breakdown procedures

Driving and working hours

Reporting an accident and making out reports.

Assisting other road users in time of need.

Correct vehicle for the work required.

Driving licences checks

Duration 2 – 3 hours

Certificate of attendance

Cost £40.00 per person

COURSE 3 - MANUAL HANDLING TRAINING

Accidents and incidents in the work place also out of work are a constant problem to a company's Health and Safety performance not for getting the loss of an employee or sick cause's loss of production leading to lost revenue.

Training is designed to provide staff with an understanding of the human and economic costs of accidents which in most cases are avoidable.

The course is around your work place, showing a D V D on manual handling in all areas of the work place, understanding what happens when you lift in correcting and the problems for the employee and employer.

The class is shown and handle a life size spinal column which they can see clearly when they do not lift correctly how much undue pressure they are placing onto the their body.

Once the D V D has been shown questions from the floor, then when this is completed each person's carry out the task of lifting, carrying and lowering, again the room points out any faults which may be present.

Certificate of attendance

Course duration 3 – 3.5 hours

Cost £40.00 per person

COURSE 4 - MANAGERS – LINE MANAGERS – SUPERVISORS

Course content

D V D showing

Who is responsible for what

Who take the blame when things go wrong

Where does the buck stop?

Have you procedures in place

Do you have discipline procedures on Health and Safety in place?

Do you have a reporting system in place?

Is health and safety on the board meeting/managers agenda?

Who reports to whom?

Open forum on the way forward

Course duration 3 – 3.5 hours

Certificate of attendance

Cost £40.00 per person

COURSE 5 - Display Screen Assessment VDU in the Work Place

This training can be at the employees work station or stations. As one to one or as a group.

The course content is to ensure the working environment is suitable for the task.

Use of mouse and keyboard

The V D U screen is set correctly to suit the employee's posture and build.

The seating as correct adjustment to suit the person and work station.

Completing a self assessment form

Course duration 2 hours per person or 3 hours when a group.

Certificate of attendance

Cost £40.00 per person

COURSE 6 - Fire Marshall - Warden Training

Course details of the Fire Marshall Wardens and Duties.

D V D showing all points of the duties of a fire Marshall.

Fire equipment and use of = testing and correct equipment for the building

Fire evacuation and recording.

Fire Drills and recording

Fire Points

Fire Doors

Fire Signage

Walk around the site looking at all the fire points taking notes

20 Questions from the D V D pass = minimum 85%

Below 85% revisit over the point failed and retake the test.

Duration 3 – 4 hours

Certificate of attendance

Cost £40.00 per person

Renew training every 3 years

COURSE 7 - Slips, Trips and Falls

Course contents explain who why and when.

D V D showing how the above happens and how the employer and employee can avoid or reduce this type of accident in the work place.

Walk round the work place taking note of any hazards and how they can be reduced or taken away

Who causes slips trips and falls?

What should the employer and employee do to stop it occurring?

Who is responsible for slip trip and falls?

Open discussion of the way ahead to reduce slips trips and falls.

Course duration 3 – 3.5 hours

Certificate of attendance

Cost £40.00 per person